

IS DARYEELID IYADOO LA ADEEGSANYO DAREEMAYAASHA

– kaalmayso dareemayaashaada markii aad dareemayso xaalad cakiran iyo dhib

Markii xiriirka kaala dhexeeya dareemayaashaada uu wanaagsanaado waxaad noqon kartaa mid mar walba jooqa ama dhiifoon isla markaana uu jirkiisu nasto.

JIMICSIYADA IS WARQABIDA

Dib ugu laabo oo u fiiro dareemayaashaada tusaale ahaan:



Adigoo dhagaysanaya dhawaqayada kugu hareeraysan (sida guuxa gaadiidka, codkaka dadka, qalabka hawada ee sida air conditionka)



Adigoo taa-taabanaya waxyaabo kala duwan, tusaale; maxaad ka dareemaysaa faraha foodooda (markii aad taabato meesha gacata lasaarto ee kursiga), maxaad ka dareemaysaa qaybaha kale ee jirkaaga(tusaale ahaan, markaad dhabarka ku riixdo kursiga) ka waran lugaha hoostooda, see u dareemaysaa cuf is jiidadka(culayskaaga), Kulaylaka iwm.



Adigoo ur-ursanaya degaanka kugu hareeraysan, hadii loo baahdo waxaad qaadan kartaa wixii aad carftooda ka hesho oo ku caawin kara.



Adiga dhadhaminay wax aad ka hesho si wanaagsanna ugu fiirsanaya da-reenka dhadhan ee uu leeyahay.



Adigoo si aad ah ugu fiirsanaya walxaha ama shay-yaasha kugu hareeraysan si gaar ahna ahmiyadda saaraya waxyaaba u gaarka ah ee mid walbaa uu leeyahay.